Meeting of the Northborough Council on Aging May 10, 2016 7:00 Senior Center

The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.

1. Call to Order: A meeting of the Council on Aging of the Town of Northborough was called to order at 7:25 PM by Adrienne Cost, Chair with the following also present:

Tony Pini, Member Alice Stapelfeld, Member Linda Cragin, Member Ed Bombard, Member Jerry Anderson, Member Phylis Muthee Member Muriel Swenor, Friends Kelly Burke, Senior Center Director

The following were not present:

2. Approval of the Minutes: The minutes for the April 2016 meeting were approved.

3. Friends' Report

The annual meeting of the Friends will be May 16th with entertainment and refreshments. A pancake breakfast is being planned for June 4th with Whitney Place.

4. Director's Report

Kelly provided updates: a physical therapist will present on posture and health, and the presentations from Gary Hylander continue with the support of the Friends. A lobster bake for the town's 250th anniversary is planned for June 24th with entertainment from a band of young men that grew up in Northboro. Volunteers will be recognized at a Sunday buffet on June 14th or a luncheon on June 17th. The Harmonica Club is looking for new members and more gigs.

5. WRTA Advisory Report

A meeting was held with other COAs to discuss the model that Northboro has implemented.

6. Bay Path Report

Jerry reported that Bay Path is doing well with 39 home care clients from Northboro and 400+ meals on wheels. Information was shared about MassHealth's plans to restructure and develop Accountable Care Organizations. Christine Allesandro, executive director of Bay Path is an alternate on a national board for area agencies on aging.

7. Old Business

Come2B Dementia Friendly had a meeting earlier in the evening. There is growing interest from the community.

8. Community Awareness

No report

9. New Business No report.

The meeting was adjourned at 8:00 pm.

Linda Cragin, Secretary